# GLRA'S INSIDER



of poverty

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# Special Day World TB Day 2024 "Yes! We can end TB"

Every year 24 March signifies and reminisces about a great discovery. Back in 1882 on this day, the world came to know about the cause of TB (Mycobacterium Tuberculosis), still the second highest cause of death of humans globally.

World TB Day is to raise public awareness, to step up efforts to end the TB epidemic, to share the successes in TB prevention and control, and to raise political attention about the challenges that hinder the progress toward the elimination of this devastating disease.

The theme of World TB Day 2024 Yes! We can End TB, an opportunity to renew our commitment, inspire, and take action to end TB. India is marching towards the dream of TB Elimination by 2025, and the efforts by the government to be complimented by Health System strengthening by improving early diagnosis, developing facilities, treatment monitoring, and engaging private sectors.

### World Water Day 2024

The 2024 World Water Day focuses on 'Water for Peace'. 2.2 billion lack safe drinking water, and 115 million rely on unsafe sources. Each year, the day tackles barriers to water access. 'Water for Peace' emphasizes water's role in global stability. Half the world faces water scarcity yearly. Water-related disasters dominate, causing 70% of natural disaster deaths. GLRA India innovates WASH solutions, promoting equitable water access in crises like the Wash My Eyes project. Cooperation from all levels is vital for a harmonious society. 'Water for Peace' urges action from individuals, companies, and governments for a water-secure future.

#### NEWS

### Health Camps for Truckers and allied population

In March 2024, GLRA and DB Schenker India jointly hosted Mega Health camps across four locations in Bhiwandi (Mumbai), Siruvapuri (Chennai), Gurugram and Lucknow. Over 1500 truck drivers, helpers and warehouse workers attended these camps and had consultations from general physicians, orthopaedics, cardiologists and ophthalmologists. The camp delivered diverse health services including blood pressure and diabetes checks, TB screening, x-rays, dental, eye, and ear examinations, ECGs, and free spectacles distribution. Attendees also received first aid kits and supplement assistance, enriching their well-being. The camps



not only demonstrated community support but also showcased the power of collective action in addressing healthcare disparities, marking a substantial stride towards holistic healthcare for the marginalized.

## Empowering Communities with Sustainable WASH Solutions: Project Transition for Lasting Impact and Environmental Stewardship

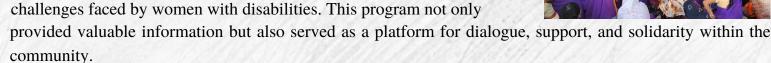


Project WASH My Eyes with a focus on improving sanitation and hygiene, had a Public Consultation and Project Transition meeting at Malda in West Bengal. Attendees included the Public Health Programme Coordinator- at Malda Zilla Parishad, the Medical Officer- of Malda Medical College and Hospital, the Women Development Officer of Old Malda Block, a Member of Bar Council from Malda Court, Gram Panchayat Pradhan, Deputy Pradhan, members from different Gram Panchayats, and VHSC members from various villages. The District Coordinator of the Public Health Programme commended the efforts, particularly highlighting the success of the Bhagidari Model village. The meeting focused on transferring the project to the community,

emphasizing the need to take over the Standard Operating Procedures (SOPs) developed by the project in Water Health & Sanitation for a sustainable approach.

## Empowering Women with Disabilities for reducing Gender-Based Violence (GBV)

On March 14, 2024, as part of the project Inclusive Communities for Gender Equality, an awareness program addressing GBVs and the rights of women with disabilities was conducted. This event took place in Pati block, Madhya Pradesh aimed to educate and empower women with disabilities, shedding light on their rights and advocating against GBV. Discussions on various forms of violence, available support mechanisms, and avenues for seeking help. By involving local authorities like the Panchayat leaders, the initiative aimed to foster community support and awareness regarding the challenges faced by women with disabilities. This program not only



## Voices of Empathy: Episode 6 - Continuing the Fight Against TB



Dive into latest episode where we continue our focus on ending TB. Scan the QR code to listen now. Don't forget to

like, follow, and share to amplify our message of empathy and solidarity! Together, Yes! We can End TB.

### Project Axshya Plus, Marks Milestone Towards TB-Free Status



Project Axshya Plus, a GFATM-funded collaborative effort between GLRA India and The Union, spanning 38 districts has concluded in Madhya Pradesh and West Bengal. The State TB Officers, NTEP officials, and other program dignitaries participated in the project closure meetings in Bhopal (12th March) and Kolkata (19th March). Dr. Bharati Kalottee, Project Director, The Union, lauded achieving the project objectives by initiating TB Preventive Therapy (TPT) to 387729 household contacts. This three-year (2021-2024) project aims to make a TB-free India by 2027 and shows

promise to reduce TB prevalence at the state level. The dedication of the team ensured this milestone, signalling a significant step towards India's TB-free future.

### MEAL Training in Colombo, Sri Lanka

From March 5th to 9th, 2024 DAHW Germany organized a Monitoring, Evaluation, Accountability, and Learning concepts (MEAL) training for the Asia partners, focusing on the Theory of Change, Log Frame, SMART indicators, digital tools, and the recently launched Webmo for project progress monitoring. Interactive sessions and practical exercises empowered participants to strengthen their skills and apply knowledge in different thematic areas. Equipped with new tools, learnings, and strategies, participants are poised to enhance MEAL processes in their programs and projects.



### Outreach Campaigns for Active TB Case finding, Bangalore



GLRA RF and the Apollo Tyre Foundation organized outreach campaigns in Banglore targeting truckers and their families for active case finding (ACF) of tuberculosis (TB). Collaborating with the National Tuberculosis Elimination Program (NTEP), the campaign extended the activities for door-to-door visits and arranged interpersonal communication to provide information about TB and its symptoms. 83 individuals were covered during the visit, with 23 identified as presumptive TB cases and referred for diagnostic testing. This initiative is crucial in identifying TB cases early, especially among high-risk populations like truckers' families who may have limited access to healthcare

services. By raising awareness and facilitating testing, such efforts contribute significantly to TB control and prevention efforts in the community, potentially reducing transmission and improving health outcomes.

### Case Story

### Bharti's Journey: From Dependency to Empowerment Through the Gift of Mobility

In a remote village Patel Falya, in MP there lives Bharti (name changed)) a special soul. Bharti is 48 years old and has difficulties with both legs and partly with both arms. Despite these challenges, Bharti stays strong because of the love from her family and a big gift that changed her life recently.

Bharti's family, close-knit, relies on farming and labour for livelihood. Due to her physical limitations, Bharti often leaned heavily on her family for even simple tasks.

A turning point came when the St. Augustine Social Service Society, a non-profit, entered Bharti's life through the Gender-Based Violence Project. They gifted her a wheelchair, a precious item that unlocked her newfound independence.

With her wheelchair, Bharti found freedom. She could now move through daily tasks independently, from navigating her home to tending to personal needs. The wheelchair became her empowering companion, giving her control over her life.



The impact rippled through the Hamir family. Bharti, now able to contribute more actively, felt immense gratitude for this transformation. Her newfound independence brought joy and relief to her and her loved ones.

Bharti herself expresses, "I used to depend on my family. But since I got a wheelchair, I can manage my daily life without relying on others."

Bharti's story showcases human resilience and the power of kindness. Despite adversity, her journey inspires us, highlighting the transformative effect of compassion and support.

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